

# *Home Cooking with The Uncommon Gourmet*

by Ellen Helman

## TABLE OF RECIPES

### SECRETS

Getting the Most Out of  
*Home Cooking*

Basics

The Pantry Defined

### ENHANCEMENTS

Basic Vinaigrette

Garlic Bread

Peanut Sauce

Pesto

Raspberry Vinegar

### TASTY TIDBITS

#### DIPS AND SPREADS

Honey-Mustard Dip

Black Bean Dip

White Bean Purée

Green Olive Tapenade

Baked Brie Olivada

Hummus Bi Tahini

Baba Ghanoush

Red Pepper Hummus

Guacamole

Tsaziki

#### WAFERS AND CROSTINI

Blue Cheese-Cheddar  
Wafers

Parmesan Bites

Rosemary-Walnut Biscotti

Olive Biscotti

Seeded Pita Wedges

Baked Tortilla Chips

Dilled Onion Crostini

White Bean Crostini

Mozzarella Crostini

Olive Puffs

Bruschetta with Dried Fruit  
Mascarpone

Tomato Bruschetta

Bruschetta with Black  
Olive Pesto

Bruschetta with Chèvre  
and Smoked Salmon

Pizzetta with Onion and  
Feta

### IT'S A WRAP

Artichoke Pillows

Spinach and Chèvre

Turnovers

Quesadillas

Apple-Brie Strudel

Broccoli, Ham, and Cheese  
Turnover

### SAVORY MORSELS

Sangría

Curried Nuts

Chili-Spiced Mixed Nuts

Prosciutto-Wrapped Figs

Prunes Purcell

Deviled Eggs Remoulade

Curried Chutney-Stuffed  
Eggs

Herb-Marinated Buffalo  
Mozzarella

Chicken Livers Yakitori

Asparagus Bundles

Stuffed Artichoke Bottoms

Corn Cakes with Sour  
Cream and Caviar

Egg Foo Yung

Roquefort-Stuffed  
Mushrooms

Stuffed Portobellos

Roasted Portobellos with  
Tomato Relish

Scallion Pancakes

Potato and Goat Cheese  
Frittata

Mushroom Frittata

### LITTLE SEAFOOD BITES

Deviled Crab Cakes

Herring with Mustard  
Sauce

Grilled Mussels Green  
Goddess

Salmon Gefilte Fish

Sardine Puffs

Scallops Seviche

Grilled Shrimp with Pesto  
Mayonnaise

Shrimp Poppers

Coconut Shrimp with  
Mango-Lime Coulis

Tuna Tartare

Tuna Mousse

### SENSATIONAL SMOOTHIES

Banana-Rum Raisin  
Smoothie

Blueberry Smoothie

Mixed Berry Smoothie

Strawberry-Banana  
Smoothie

Strawberry Daiquiri  
Smoothie

Wimbledon Smoothie

Piña Colada Smoothie

Honeydew-Lime Smoothie

Mango-Lime Smoothie  
Orange Creamsicle  
Smoothie  
Peach Melba Smoothie  
Peanut Butter-Banana  
Smoothie  
Mocha Latte Smoothie  
Kahlua and Cream  
Smoothie

## BREAKFAST MUFFINS AND SCONES

Boston Brown Bread  
Irish Soda Bread  
Cornbread  
Applesauce Bread  
Maple-Fig Bread  
Baked French Toast  
Oatmeal Muffins  
Strawberry Muffins  
Apricot Cheesecake  
Muffins  
Chocolate Chip-Peanut  
Butter Muffins  
Carrot Cake Muffins  
Linzer Torte Muffins  
Pistachio-White Chocolate  
Muffins  
Gingerbread Muffins  
S'More Muffins  
Double Chocolate Muffins  
Streusel-Topped Muffins  
Muffin Mix-Ins  
Buttermilk-Scallion Scones  
Cheese Scones  
Coconut-Currant Scones  
Blueberry Scones  
Cinnamon-Pecan Scones  
Cranberry-Nut Scones  
Chocolate Chip-Orange  
Scones  
Ginger Scones  
Lemon-Poppy Seed Scones

## SATISFYING SOUPS

### SIMMERING SOUPS

Carrot and Parsnip Soup  
Corn Chowder  
Cream of Celery Soup  
Potato-Leek-Fennel Soup  
Cream of Mushroom Soup  
Curried Sweet Potato Soup  
Cabbage Soup Gratinée  
Sweet and Sour Cabbage  
Soup  
Chinese Hot and Sour  
Soup  
Old-Fashioned Cream of  
Tomato Soup  
Italian Tomato and Bread  
Soup  
Potato-Cheese Soup  
Black Bean Chili  
Chickpea Soup  
Cannellini and Spinach  
Soup  
Hearty Lentil Soup  
Portuguese Kale Soup  
Salmon Chowder  
Thai Hot and Sour Shrimp  
Soup  
Mussel Chowder  
Shrimp and Crab Gumbo

### CHILLED SOUPS

Borscht  
Cold Cucumber Soup  
Iced Avocado Soup  
Gazpacho Latino  
Minted Pea Soup

### PASTA PASSION

Ziti Bake  
Penne with Mushroom  
Ragout  
Pasta and Artichoke Hearts  
Macaroni and Cheese  
Penne with Roasted  
Asparagus and

Prosciutto  
Farfalle with Tuna and  
White Beans  
Pasta Rosa  
Pasta with Roasted Peppers  
and Potatoes  
Pasta Marco  
Spaghetti and Meatballs  
Pasta with Arugula Pesto  
Ziti with Sausages and  
Artichokes  
Linguine with Mussels  
Pasta Toscano  
Pasta with Cauliflower  
Crumbs  
Pasta with Deviled Crab  
Lemon-Poppy Seed  
Noodles  
Pasta, Mussels, and  
Tomatoes  
Penne with Fennel, Onion,  
and Artichokes  
Pasta Positano  
Pasta with Yellow Pepper  
Relish  
Pasta with Escarole and  
Asiago  
Pasta and Eggplant  
Provençal  
Linguine with Walnut  
Crumbs  
Penne with Tomatoes and  
White Beans  
Linguine Piccata  
Pasta with Roasted Winter  
Vegetables  
Pasta with Spinach and  
Chèvre  
Pasta Sette Mezzo  
Pasta with Oven-Braised  
Fennel  
Pasta Y Fagioli  
Pasta and Shrimp  
Nagshead  
Linguine with Garlic  
Crumbs  
Pasta Rogere

Penne with Roasted  
Tomatoes and Herbed  
Goat Cheese  
Pasta, Peas, and Bacon  
Farfalle with Tomatoes,  
Corn, and Blue Cheese  
Orzo Primavera  
Middle Eastern Farfalle  
Penne with Potatoes and  
Green Beans Genovese  
Pasta and Grilled Chicken  
Puttanesca  
Orecchiette Niçoise  
Ricotta Gnocchi  
Toppings for Gnocchi

## THE SALAD BOWL

### GREEN SALADS

Asparagus and Cherry  
Tomatoes  
BLT Salad with Blue  
Cheese Dressing  
Carlos Salad  
Southwestern Caesar with  
Grilled Romaine  
Mesclun Salad with  
Toasted Goat Cheese  
Green Beans and Tomatoes  
with Green Olive  
Vinaigrette  
Baby Spinach and Shiitake  
Mushrooms  
Harvest Beet Salad  
Salad Romano  
Salad Cornucopia  
5-Star Chopped Salad  
Salad Mezzaluna  
Mixed Greens with Pears  
and Brie  
Boston Lettuce, Mushroom,  
and Fennel Salad  
Spinach, Bacon, and Fig  
Salad  
Warm Cabbage, Apple, and  
Goat Cheese Salad

Salad Marly  
Gado Gado  
Green Garden Salad  
Salad Christine  
Greens with Walnut  
Vinaigrette  
Salad Campagna  
The 47 House Salad  
Mesclun Salad with Sherry  
Vinaigrette  
Romaine with Tomato  
Relish  
Spinach, Brie, and Sun-  
Dried Tomatoes  
Summer Bean Salad  
Goi Salad  
Caramelized Corn, Tomato,  
and Basil Salad  
Three Bean Salad  
Mango Salad  
Green Beans and Jicama  
Moroccan Salad  
Shredded Romaine with  
Apricots and Cumin  
Dressing  
Chopped Vegetable Salad  
Watermelon, Cucumber,  
and Jicama Salad  
Greek Salad Athena  
Cucumber Salad  
Onion Slaw  
Green Bean and Potato  
Salad  
Coleslaw  
All-American Potato Salad  
Vegetables Niçoise

### GRAIN AND LEGUME SALAD

Tabbouleh  
Fruited Bulgur Salad  
Fez's Cracked Wheat Salad  
Corn and Barley Salad  
Fruited Rice Salad  
Chickpea Salad  
Couscous and Chickpea  
Salad

Black Bean-Corn Salad  
Corn Salsa Salad  
Mexican-Style Salad  
Lentil Salad  
Arugula, Tomatoes, and  
White Beans  
Tuna and White Beans

### HEARTY SALADS

Apricot Chicken Salad  
Romaine, Chicken, and  
Tomatoes with Avocado  
Ranch Dressing  
Lobster Caesar Salad  
Potato and Mussel Salad  
Salmon, Tomatoes, and  
Black Beans  
Grapefruit, Avocado, and  
Shrimp Salad  
Curried Tuna Salad  
Chopped Tuna Salad

### MEMORABLE MAINSTAYS

### SUMPTUOUS MEATS

Meatloaf  
London Broil  
Pot Roast  
Stuffed Flank Steak  
Carne Asada  
Grilled Sesame Beef  
Malaysian Beef and  
Pineapple  
Glazed Corned Beef  
Turkish Lamb Burgers  
Curry-Mustard Rack of  
Lamb  
Grilled Herbed Leg of  
Lamb  
Stuffed Leg of Lamb  
Lamb with Scallions  
Osso Buco  
Balsamic-Glazed Veal  
Chops  
Veal Chops Tapenade  
Five Spice-Rubbed Ribs

Pork Tenderloin Cubano  
Spicy Pork and Green  
Beans

Sausage, Peppers, and  
Potatoes

Currant-Glazed Ham

### BEST OF BIRD

Chicken Pot Pie

Roasted Chicken with  
Winter Vegetables

Chicken Bianco

Chicken with Mushroom  
Ragout

Chicken with Cilantro  
Cream

Chicken with Arugula  
Relish

Chicken Marcella

Parmesan-Crusted Chicken

Chicken Miranda

Honey-Glazed Chicken  
and Red Onions

Chicken with Marsala  
Cream

Oven-Fried Chicken

Orange-Glazed Chicken  
Tenders

Chicken Chimichurri

Chicken Paolo

Chicken Francesca

Chicken Carla

Chicken Parmigiana

Chicken Isabella

Grilled Chicken with Salsa  
Verde

Chicken Sofrito

Basque-Style Chicken

Sweet Chili-Glazed  
Chicken

Chicken Paprikash

Maple-Glazed Chicken

Chicken Country Captain

Chicken Tikka

Mango Chicken

Herb-Roasted Chicken on  
Pasta Nest

Roasted Cornish Hens

Pan-Roasted Duck Breast

### SEAFOOD DELIGHTS

Baked Bluefish with Olive  
Crumbs

Blue on Blue

Roasted Cod Charmoula

Roasted Cod with Mango  
Salsa

Soft-Shell Crab Remoulade  
Tabbouleh-Crusted

Haddock

Grilled Halibut with Red  
Pepper Mayonnaise

Glazed Orange Roughy

Deviled Salmon Cakes

Salmon with Pesto Crumbs

Sweet Soy-Glazed Salmon

Five Spice-Roasted Salmon  
Scallops with Bacon

Crumbs

Grilled Scallops with  
Smokey Corn Salsa

Scallops with Sun-Dried  
Tomato Pesto

Lobster Rolls

Nubble Light Seafood Bake  
Shrimp, Bacon, and

Tomatoes

Grilled Shrimp with  
Tomato-Cucumber Salsa

Shrimp Curry

Risotto with Shrimp, Goat  
Cheese, and Sun-Dried  
Tomatoes

Shrimp and Asparagus

Sole with Hazelnut Butter  
Striped Bass Provençal

Orange-Mustard Swordfish

Cumin-Crusted Swordfish

Hoisin-Glazed Swordfish

Grilled Tuna with  
Mediterranean

Tomato Relish

Seared Tuna with

Horseradish Cream

Grilled Tuna with Wasabi  
Mayonnaise

### VIBRANT VEGGIES

Asparagus and Raspberries  
Maple-Glazed Red

Cabbage

Roasted Carrots

Roasted Cauliflower

Green Beans with Toasted  
Hazlenuts

Roasted Green Beans

Mushroom and Cheese  
Strata

Roasted Mushrooms

Baked-Stuffed Onions

Sweet Pickled Vidalias

Maple-Parsnip Puree

Mashed Potatoes and  
Celeriac

Horseradish Mashed  
Yukon Golds

Smashed Potatoes

Garlic Mashed Potato  
Cakes

Honeyed Butternut Squash

Mashed Apples and Sweet  
Potatoes

Roasted Sweet Potatoes

Smokey Mashed Sweet  
Potatoes

Mashed Root Vegetables

Half-Sour Pickled Tomatoes

Vegetable Pancakes

Parmesan-Crusted  
Zucchini

### STYLISH GRAINS

Corn Pudding

Roasted Corn

Corn Soufflé

Cornbread Stuffing

Baked Polenta

Topping Ideas for Polenta

Couscous and Peas

Couscous Genovese

Israeli Couscous  
Israeli Couscous with  
Cranberries  
and Almonds  
Israeli Couscous Add-Ins  
Baked Risotto  
Basmati Rice Pilaf  
Saffron Rice  
Soubise Parmesan  
Spinach, Feta, and Rice  
Bake  
Carolina Rice  
Madras Rice  
Fried Rice  
Rice with Green Chilies  
Rice with Black Beans and  
Salsa Fresca  
Wild Rice Pilaf

## GRAND FINALES

### FRUITS AND PUDDINGS

Oranges Balsamic  
Glazed Peaches  
Fruits with Raspberry  
Sauce  
Baked Bananas Praline  
Stuffed Strawberries  
Mixed Berry Pavlova  
Pear Crisp  
Peach Kuchen  
Strawberry-Rhubarb  
Cobbler  
Mixed Berry Galette  
Ginger Ice Cream  
Grape Nuts Custard  
Arborio Rice Pudding  
Indian Pudding  
Flan  
Pumpkin Bread Pudding  
Blueberry Cheesecake  
Bread Pudding

### COOKIES AND PASTRIES

Apricot Shortbreads  
Pecan Butterballs

Ginger Crisps  
Lemon Icebox Cookies  
Butterscotch Foggies  
Toffee Crisps  
Lemon Coolers  
Peanut Butter-White  
Chocolate Chippers  
Coconut Macaroons  
Congo Bars  
Orange Tea Cakes  
Seven Layer Bars  
Spiced-Walnut Biscotti  
Lemon-Poppy Seed Biscotti  
Date Wontons  
Coconut-Almond Truffles  
Cannoli  
Dessert Cups  
Peanut Butter Fudge

### CAKES AND PIES

Almond Cream Cake  
Buttermilk Poundcake  
Caramel Apple Cake  
Streusel Coffeecake  
Lemon Ricotta Cake  
Raisin Poundcake  
Blueberry-Cornmeal Cake  
Coffee Gingersnap Icebox  
Cake  
Strawberry Shortcake  
Max's Vanilla Cupcakes  
Layered Sponge Cake  
Butterscotch Pudding Cake  
Caramel Pineapple Upside-  
Down Cake  
Rum Cake  
Spice Poundcake  
Kahlua and Cream Cake  
All Butter-Sour Cream  
Crumb Cake  
Pumpkin Cheesecake  
Lemon Meringue Pie  
Coffee Mascarpone-  
Raspberry Tart  
Raspberry Torte

### CHOCOLATE FANTASIES

Chocolate-Hazelnut  
Biscotti  
Chocolate Rugelach  
White Chocolate-  
Macadamia-  
Chocolate Cookies  
Double Fudge Brownies  
Peanut Butter Swirl  
Brownies  
Chocolate Fig Clusters  
Macadamia Nut Fudge  
Spiced Chocolate Chip  
Cake  
Chocolate Pudding Cake  
Chocolate Swirl Poundcake  
German Sweet Chocolate  
Pie  
Chocolate Cream Cake